



Well Child Check: 6 year visit questionnaire

Interval History:

Has your child had any major illnesses or doctor visits since last seen here? No Yes

Development: Does your child (check all that apply) –

☐ speak clearly?	☐ bike without training wheels?
☐ have good hand-eye coordination?	☐ swim independently?
☐ know left from right?	☐ interact well with others?
☐ read for pleasure?	☐ stay dry all night?

School/Activities:

What grade level is your child in school? _____ Where? _____

Other activities (music/arts/sports/other)? _____

Is your child performing at grade level? Yes No

Does your child write legibly? Yes No

What are your child's interests and goals? _____

Nutrition/Elimination/Physical Activity:

What type of milk does your child drink? _____ How much per day? _____ cups

How much yogurt per day? _____ How much cheese per day? _____

What dietary restrictions does your child have, if any? _____

How much juice and sweet beverages does your child drink in a day? _____ oz

Is your child eating at least 4 servings per day of fruits and vegetables? Yes No

Does your child eat junk food and/or fast food more than twice per week? No Yes

Does your child eat iron rich foods (meat, iron-fortified cereals, or beans)? Yes No

If your child is vegetarian, does he/she take an iron supplement? Yes No N/A

Are there any problems with pooping or peeing? No Yes

Does your child exercise or play sports most days of the week? Yes No

Dental Health:

Does your child see a dentist every 6 months? Yes No

Does your child (with your help) brush her/his teeth daily? Yes No

Sleep:

How many hours does your child sleep at night? _____ hours

Does your child snore on a regular basis? No Yes

Staying Healthy and Safe:

Does your child get screen time more than 2 hours per day? No Yes

Is there a television or computer in your child's bedroom? No Yes

Do you monitor your child's television and internet use? Yes No

Does your home have a working smoke detector? Yes No

Is your child always in a car seat or booster seat in the back seat? Yes No

Is your child always supervised when near water and also learning to swim?	Yes	No	
Does your child use sun protection when outdoors?	Yes	No	
Does your child wear a helmet when riding a bike, skateboard, or scooter?	Yes	No	N/A
Is there a gun at home?	No	Yes	
If yes: Is the gun locked?	Yes	No	
Is ammunition stored separately?	Yes	No	
If your child spends time with anyone who owns a gun/knife/other weapon, is the weapon safely stored and inaccessible to your child?	Yes	No	N/A
Have you discussed stranger awareness and personal safety with your child?	Yes	No	
Has your child ever witnessed or been a victim of abuse or violence?	No	Yes	
Has your child seriously injured or been seriously injured in the past year?	No	Yes	
Has your child ever bullied or been bullied at school/home/neighborhood?	No	Yes	
Does your child often seem sad or depressed?	No	Yes	
Are you concerned about your child's relationship with parents/siblings?	No	Yes	
Do you have concerns about how to set appropriate limits for your child?	No	Yes	
Does your child spend time with anyone who smokes or vapes?	No	Yes	

Please list your child's medications/supplements:

Please list any new major family medical issues:

Who lives in the home with your child?

What international travel has your child had since their last well check? (where and how long)

What plans are there for international travel with your child in the next 12 months? (where and how long)

What concerns would you like to discuss today?